

Silvermist

A Premier Program by Pyramid Healthcare

Gender-Specific Residential Substance Use and Mental Health Treatment

With locations in western Pennsylvania and the Pocono Mountains region, Silvermist offers specialized, comprehensive residential substance use treatment and mental health programs. Our compassionate, experienced staff uphold the highest respect for our clients' dignity, privacy, safety and well-being.



What We Treat

- Post-traumatic stress disorder (PTSD)
- Depression
- Anxiety
- Mood disorders
- Substance use disorders
- Co-occurring disorders

Treatment Modalities

- Acceptance & commitment therapy (ACT)
- Emotion focused family therapy (EFFT)
- Motivational interviewing
- Dialectical behavior therapy (DBT)

What We Offer

- Evidence-based treatment approach
- High staff-to-client ratios
- Trauma-informed care
- Individualized care
- Psychiatric services
- Experiential and holistic therapies
- Aftercare planning
- Family programming at our men's campus
- Psychoeducational groups
- On & offsite amenities
- Relapse prevention
- Robust Alumni program
- Nutritional support
- Complimentary transportation

Silvermist has also partnered with PsychArmor to achieve Veteran Ready Certification for our staff at our Pittsburgh and Poconos locations. This certificate allows providers who value cultural awareness in military and veteran issues to showcase their commitment to better care for veterans and their families.

Silvermist Pittsburgh

Located in western Pennsylvania on 30 private acres, Silvermist Pittsburgh's relaxed residential treatment environment allows for individualized, one-on-one care. Silvermist for men is proudly dually licensed for both substance use and mental health.



130 Critchlow School Rd • Renfrew, PA 16053

Program Details

- 25 beds
- Men 18 and over
- Chef-prepared meals
- On-site recreation includes outdoor pool, gym, billiards and walking paths
- Nearby off-site activities include hiking, canoeing, bowling and museums
- Yoga, meditation and indoor therapeutic infrared sauna
- Flexible visitation schedule
- Family programming

Silvermist Poconos

Located in the beautiful Pocono Mountains of northeastern Pennsylvania, Silvermist Poconos is a residential program for adult women overcoming mental health challenges as well as co-occurring substance use.



272 Hamlin Hwy • Moscow, PA 18444

Program Details

- 12 beds
- Women 18 and over
- Safe environment free from stressors and triggers
- Virtual visitation
- Art and music therapy
- Yoga
- Equine-assisted therapy
- Salt cave excursions for relaxation and stress relief

Silvermist is proud to be a member of the Veterans Affairs Community Care Network (VA-CCN). As part of our dedication to supporting those who have served our country, Silvermist has also partnered with PsychArmor to achieve Veteran Ready Certification for our staff at our Pittsburgh and Poconos locations. This certificate allows providers who value cultural awareness in military and veteran issues to showcase their commitment to better care for veterans and their families.

